

Behavioral Health & IDD (BHIDD) Learning Collaborative

2nd Quarter Report
April-June 2025

Lessons Learned

30%-40% of individuals with IDD
have one or more co-occurring
mental health conditions.

Individuals with dual diagnosis live in
more restricted environments.

Discussion Notes

- This quarter focused on understanding **healthy boundaries, healthy sexual choices, and the dual role of service delivery and fiduciary responsibility** to meet the needs of individuals with behavioral health and intellectual or developmental disabilities.
- Participants learned about various challenges to developing healthy socio-sexual relationships. Setting healthy boundaries requires **exposure and experience**. Individuals with disabilities may have fewer opportunities for connections and social situations.
- Choice Theory:** All living creatures control their behavior to fulfill their need for satisfaction. All human behavior is driven by the desire to satisfy **five basic needs**: >>>
- At regional in-person meetings, providers shared insight into best practices, challenges, and plans for supporting BHIDD clients.



Q2 2025 Participation Data

Virtual (2 Events)

439

Registered

251

Participated

In-person (4 Events)

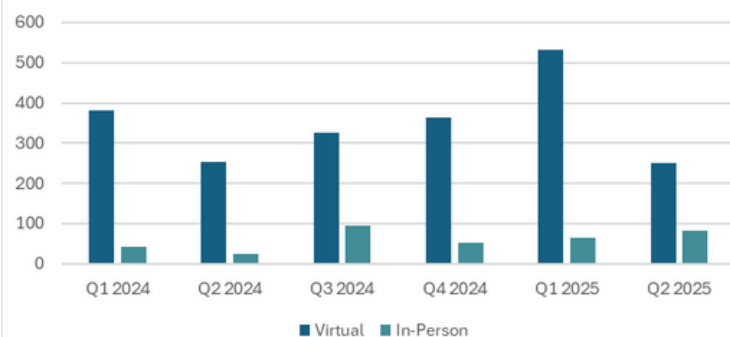
129

Registered

82

Participated

BHIDD Learning Collaborative Participation
Virtual & In-Person
2024-2025



Resource Bank

- BHIDD Adult Provider Brochure:
 - <https://www.mobhc.org/uploads/BHIDD-Programs-Brochure-3.2025.pdf>
- Accessing DD Services:
 - <https://dmh.mo.gov/dev-disabilities/individual-family-guardian-info>
- Link to previous learning collaborative recordings and handouts:
 - <https://missouribhc.app.box.com/s/uopaaxxk5zujeis2w4k2spd9nijm26zx>
- Tools of Choice resources:
 - <https://dmh.mo.gov/dev-disabilities/tools-of-choice>